
READING

We believe that regular Bible reading is the most important step we can take to grow spiritually. If you need a tool to help you be consistent, check out the options at the Resource table in the foyer.

PRAYING

This information is intended to help you pray for specific needs in our congregation and the world. Updates to prayer requests for individuals will be added as information is provided.

2 Timothy 3:1 - But mark this: There will be terrible times in the last days.
John 14:27 - Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.
1 John 4b, 5 - This is the victory that has overcome the world, even our faith. Who is it that overcomes the world? Only the one who believes that Jesus is the Son of God.

For Our Mission

- Is our prayer leading us into engagement with those around us for the sake of God's glory and their eternal welfare?
- Are we remembering those who lead, those who serve, and those who suffer?

For Our World

- Remember Muslim families as the end of Ramadan approaches next weekend and they celebrate Eid al-Fitr.
- There's an app for that! Operation World now has a mobile app to support prayer for the nations of the world - at: <http://www.operationworld.org/prayer-app/>

For Our Congregation

- For our **pastors and interns** as they attend the Pastors' Conference in Muskoka this week. Please pray for a great time of refreshing;
- Fred Lukianow's daughter has a friend whose husband is struggling with leukaemia. Please pray that he would accept Jesus into his life and that God's will would be done in either his healing or when he passes. Please pray for his wife, that she would have strength and courage to face the future;
- **Dana Orchard** is on a waiting list for a kidney transplant;
- **Michelle Davis's** father, Gord, has been diagnosed with stage 4 cancer in his spine and leg. He also has a tumor in his esophagus;
- **Justin Thomas** continues to struggle with some ongoing health struggles;
- **Ruth Barlow** continues to recover at home after successful knee surgery;
- **Ron Harris** continues to recover at Parkwood;
- **Ian Houghton** is scheduled for surgery on June 13 at UH;
- **Shari**, Ian Houghton's sister-in-law, is on a waiting list for kidney transplant
- Baby **Daniel Abiola** contracted an infection that sent him to the hospital. A biopsy was required to identify the right antibiotic. Pray that the infection would be completely cleared.

WORSHIP GUIDE

Summerside Community Church

June 10, 2018

Speaker: Dr. Deven K MacDonald



HEARING:

BIG 10 NUMBER 4:

Remember the Sabbath

Exodus 20:8-11 (pg. 76)

SABBATH: *To rest or cease from work*

Notes on the text, background and practice for the Sabbath:

What the Sabbath means for us and why bother:

1. It's a recognition that _____

2. It's a recognition that _____

3. It's a recognition that both work and rest matter

Practical Ways to Sabbath:

Conclusion:

♦ Jesus as our Sabbath Rest

📖 Hebrews 4:8-11 - For if Joshua had given them rest, God would not have spoken later about another day. There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience. ^(NIV)

DEEPENING

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APPLYING

It's one thing to hear God's Word, it's another to apply it! Answering the questions on your own before your group meets will help you be fully engaged in the discussion.

Community Group Questions

1. What season in your life did feel the most rested? What season of life have you felt the most tired?
2. In your own words, what is the second commandment?
3. How do you observe the principal of "Sabbath" – of resting and slowing down to enjoy God, his world, and his people? What practical rhythms have you tried in the past that have helped you Sabbath?
4. Do you ever have a hard time resting? How have you been challenged to rest with more intentionality? How can you – by God's grace – learn to Sabbath more?
5. What practical changes can you make to Sabbath better? Write some down and ask for God's help in working towards them the next day of rest you have.

REMEMBERING

Memorizing is one of the best ways of making truth stick. You can memorize something if you repeat it enough times. Try reading the verse 5 times a day until it sticks! Choose a part of it for your kids if needed.

Remember the Sabbath day by keeping it holy.

Exodus 20:8 ^(NIV)