



SUMMERSIDE COMMUNITY CHURCH

Everyday Disciples who make Disciples Every Day

WORSHIP GUIDE

DATE: February 6, 2022

SERMON TITLE: Sermon on the Mount: Fasting in the Christian Life

SPEAKER: Dr. Deven K. MacDonald

SERMON TEXT: Matthew 6:16-18

DISCUSSION QUESTIONS:

1. Have a few people look up one of the many passages in the bible that involves fasting (Yes, you can Google, "Fasting in the Bible"). Read the passage aloud and discuss what you learned about fasting from this text. Why was the person or group fasting? What were they asking God to do? What was God's response?
2. Why do you think that fasting isn't a well-known, or often practiced, discipline in the Christian life?
3. Have you fasted for spiritual purposes before? Do you have any personal experiences in this area?
4. Get Practical: As a church, we're going to be inviting you to fast in the coming months (don't worry, we'll provide some direction and more teaching). We'd love for you and your group to join us in this. But for now, prayerfully consider how you, as an individual, can begin to tap into this incredible spiritual discipline. Are you willing to practice fasting? If so, when will you start? What would/could this discipline look like in your life?

PRAYER FOR OUR PEOPLE:

- Ron Moss passed away, in the hospital, on January 19th. Please pray for Carol, and their family, during this time. The Celebration of Life service will be here, at Summerside, on Sat., Feb. 19 @2pm. The service will also be live streamed - watch for the link in our weekly e-newsletter.